

101 BBC 1  
 102 BBC 2  
 103 ITV1  
 104 Channel 4  
 105 Five  
 106 BBC Three  
 107 BBC Four  
 108 BBC HD  
 110 BBC Alba  
 113 ITV2  
 114 ITV2+1  
 115 ITV3  
 116 ITV3+1  
 117 ITV4  
 118 ITV4+1  
 120 S4C Digidol  
 121 Channel 4 + 1  
 122 E4  
 123 E4 + 1  
 124 More4  
 125 More4 + 1  
 135 CBS Drama  
 136 CBS Reality  
 137 CBS Action  
 138 Zone Horror  
 139 Zone Horror+1  
 140 BET  
 141 BET+1  
 200 BBC News  
 201 BBC Parliament  
 202 S4C2  
 203 Al Jazeera Eng  
 204 Euronews  
 205 France 24  
 206 Russia Today  
 207 CNN  
 208 Bloomberg Television  
 209 NHK World TV  
 210 CNBC  
 300 Film4  
 301 Film4 + 1  
 302 True Movies  
 303 True Movies 2  
 304 Movies4Men  
 306 Movies4Men2  
 400 Wedding TV  
 401 Wedding TV Asia  
 402 Information TV  
 403 Rural TV  
 405 Food network  
 406 Food newtwork+1  
 450 Men and Motors  
 500 Chart Show TV  
 501 The Vault  
 502 Flava  
 504 B4U Music  
 509 Zing

514 Clubland TV  
 600 CBBC Channel  
 601 CBeebies  
 602 CITV  
 603 POP  
 604 POPGirl  
 605 Tiny POP  
 606 Kix!  
 650 Teachers TV  
 690 Inspiration TV  
 691 Daystar TV  
 692 Genesis TV  
 700 BBC Radio 1  
 701 BBC 1Xtra  
 702 BBC Radio 2  
 703 BBC Radio 3  
 704 BBC Radio 4 FM  
 705 BBC Radio Five Live  
 706 BBC Radio Five Live Sports Extra  
 707 BBC 6 Music  
 708 BBC 7  
 709 BBC Asian Network  
 710 BBC Radio 4 LW  
 711 BBC World Service  
 712 BBC Radio Scotland  
 713 BBC Radio nan Gaidheal  
 714 BBC Radio Wales  
 715 BBC Radio Cymru  
 716 BBC Radio Ulster  
 718 BBC London 94.9 (available on London postcode only)  
 719 Capital FM  
 720 Choice FM  
 721 Classic fm  
 722 Gold  
 723 XFM  
 724 Absolute Radio  
 725 Absolute Class Rock  
 726 Absolute 80s  
 727 NME Radio  
 728 WRN Radio  
 729 Jazz FM  
 730 Planet Rock  
 731 Talk Sport  
 750 RTÉ Radio 1  
 751 RTÉ Radio 2 FM  
 752 RTÉ Lyric FM  
 753 Raidió na Gaeltachta  
 777 Insight Radio  
 786 BFBS Radio  
 790 TWR Radio  
 800 QVC  
 801 price-drop tv  
 802 bid tv  
 803 Pitch TV  
 804 PitchWorld  
 805 Gems TV1  
 806 TV Shop

807 Shop on TV  
 808 JML Home & DIY  
 809 JML  
 810 JML CookShop  
 811 Thane Direct  
 813 Create and Craft  
 814 Speed Auction  
 815 Jewellery Channel  
 816 Ideal World  
 851 Netplay TV  
 861 Gala TV  
 869 Read ME  
 950 BBC 1 London  
 951 BBC 1 Channel Islands  
 952 BBC 1 East Midlands  
 953 BBC 1 East (E)  
 954 BBC 1 East (W)  
 955 BBC 1 North West  
 956 BBC 1 North East & Cumbria  
 957 BBC 1 Northern Ireland  
 958 BBC 1 Oxford  
 959 BBC 1 South East  
 960 BBC 1 Scotland  
 961 BBC 1 South  
 962 BBC 1 South West  
 963 BBC 1 West Midlands  
 964 BBC 1 Wales  
 965 BBC 1 West  
 966 BBC 1 Yorks  
 967 BBC 1 East Yorks & Lincs  
 968 BBC 2 England  
 969 BBC 2 Northern Ireland  
 970 BBC 2 Scotland  
 971 BBC 2 Wales  
 974 Channel 4  
 975 Channel 4 + 1  
 977 ITV London  
 986 Teletext



10.3.2010

TV  
RADIO

808 JML Home & DIY  
809 JML  
810 JML CookShop  
811 Thane Direct  
816 Ideal World  
851 Netplay TV  
852 Smart Live TV  
861 Gala TV  
950 BBC 1 London  
951 BBC 1 Channel Islands  
952 BBC 1 East Midlands  
953 BBC 1 East (E)  
954 BBC 1 East (W)  
955 BBC 1 North West  
956 BBC 1 North East & Cumbria  
957 BBC 1 Northern Ireland  
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960 BBC 1 Scotland  
961 BBC 1 South  
962 BBC 1 South West  
963 BBC 1 West Midlands  
964 BBC 1 Wales  
965 BBC 1 West  
966 BBC 1 Yorks  
967 BBC 1 East Yorks & Lincs  
968 BBC 2 England  
969 BBC 2 Northern Ireland  
970 BBC 2 Scotland  
971 BBC 2 Wales  
974 Channel 4  
975 Channel 4 + 1  
977 ITV London  
986 Teletext